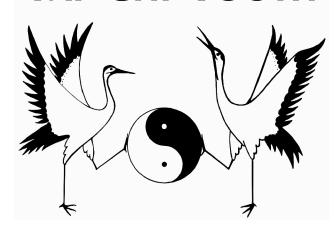
Tai Chi Youth

Teaching today's youth to be tomorrow's leaders.™

TAI CHI YOUTH



\$75 per month Group Classes

7pm Tuesdays & Wednesdays 11am Saturdays

\$75 Private Lesson

No travel fee at NoHo Park

Register now at www.TaiChiYouth.org/classes

Truth #1: Your body needs exercise and your mind needs challenge.

Truth #2: You can be physically and mentally fit.

Truth #3: A person must understand their body abilities and mental health.

Truth #4: Tai Chi Youth is the path to a balanced mind and body.

Classes at **North Hollywood Park** 5123 Tujunga Ave. North Hollywood, CA 91601

For information: Shifu Richard Del Connor "Kung Fu Cowboy" 818-723-2769

Co-sponsored by **Shaolin Chi Mantis** and **Buddha Kung Fu**

Classes for ages 8 to 80.

Private lessons available for handicapped and blind.

Tennis shoes and Kung Fu uniform required.

\$20 registration fee includes book, sash and annual membership fee.



Tai Chi Youth is a 501(c)(3) nonprofit charity. Donations are tax-deductible.